

**Hiep Tinh Mon
World Martial Arts Training Center**

Student Pledge

I, _____, born on _____,

Name

Date

at/in _____,

City/State/Country

Upon being permitted to HTM World Martial Arts Training Hall, will obey the rules, will endeavor to conduct myself in a manner befitting a student even in my daily life, and will never do anything to disgrace the hall.

I swear that I faithfully fulfill my duties as an HTM World Martial Arts student, and the following are the seven requirements for me to become a proficient practitioner of the martial arts.

1. **I HAVE FAITH IN AMERICAN HIEP TINH MON KARATE.**
Without a steadfast belief in your system, interest will diminish and mastery will not be achieved.
2. **I RESPECT THE FOUNDER OF AMERICAN HIEP TINH MON KARATE AND MY MASTER/INSTRUCTORS.**
Who have sincerely adopted you as their student. You recognize their knowledge and ability as being worthy of emulation.
3. **I CONCENTRATE DURING TRAINING.**
A strong discipline will result along with more rapid mastery of the art. A close mental concentration will intensify physical strength.
4. **I CULTIVATE PATIENCE DURING TRAINING.**
Your goal will be reached in good time with proper application. A calm endurance and self-possession will also aid in the resistance of any potential provocation.
5. **I PRACTICE COORDINATION DURING TRAINING.**
The ability to move with a harmonious and instantaneous adjustment to any situation will provide a more immediate mastery of the art.
6. **I PRACTICE AS MUCH AS POSSIBLE, NOT ONLY IN THE TRAINING HALL BUT AT HOME.**
Every hour of practice will deepen and solidify your basic foundation to prepare for a higher level of training. Consistent practical performance or application of knowledge leads to certain proficiency.
7. **I ACQUIRE CONFIDENCE IN MYSELF THROUGH MY ART.**
This state of mind implies a cool self-reliance under any circumstances. It offers the assurance of poise and imperturbability in the face of any danger.

Note: You do not need to memorize the italicized explanations.

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Phong Tap Oath

Code of conduct in the Phong Tap Oath and a guide for everyday life

1. I WILL TRAIN MY HEART AND BODY FOR A FIRM, UNSHAKING SPIRIT.
2. I WILL PURSUE THE TRUE MEANING OF THE MARTIAL WAY SO THAT IN TIME MY SENSE MAY BE ALERT.
3. WITH TRUE VIGOR, I WILL SEEK TO CULTIVATE A SPIRIT OF SELF-DENIAL.
4. I WILL OBSERVE THE RULES OF COURTESY, RESPECT MY SUPERIORS, AND REFRAIN FROM VIOLENCE.
5. I WILL PAY HOMAGE TO MY CREATOR AND NEVER FORGET THE TRUE VIRTUE OF HUMILITY.
6. I WILL LOOK UPWARDS TO WISDOM AND STRENGTH.
7. ALL MY LIFE, THROUGH THE DISCIPLINE OF MARTIAL ARTS, I WILL SEEK TO FULFILL THE TRUE MEANING OF THE WAY.